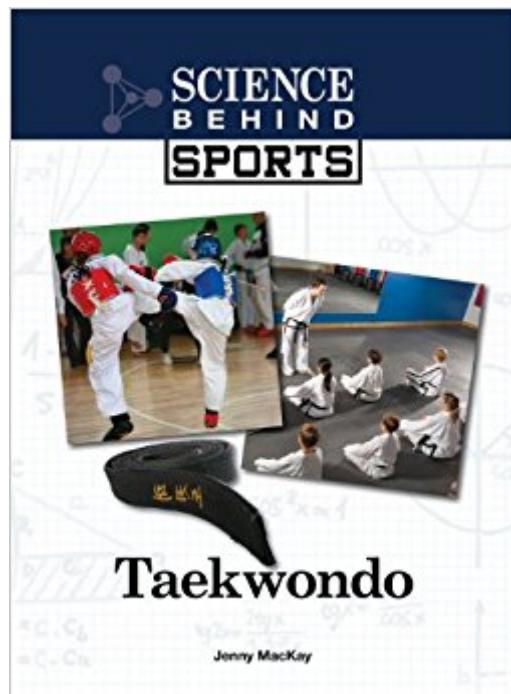


The book was found

Taekwondo (Science Behind Sports)



Synopsis

Books in this series explore the scientific principles behind some of the most popular team and individual sports; basic physical science concepts are explained in an engaging and accessible manner.; This book presents the scientific principles and concepts relevant to the sport of taekwondo.; Each volume in the series focuses on one sport and opens with a brief look at the featured sport's origins, history and changes to rules, equipment, or techniques. Subsequent chapters cover the biomechanics and physiology of playing, related health and m

Book Information

Series: Science Behind Sports

Library Binding: 128 pages

Publisher: Lucent Books (May 9, 2014)

Language: English

ISBN-10: 1420509403

ISBN-13: 978-1420509403

Product Dimensions: 0.5 x 7.2 x 9.5 inches

Shipping Weight: 14.7 ounces

Average Customer Review: Be the first to review this item

Best Sellers Rank: #6,316,848 in Books (See Top 100 in Books) #36 in Books > Teens > Sports & Outdoors > Martial Arts #456 in Books > Teens > Education & Reference > Science & Technology > Physics #764 in Books > Children's Books > Sports & Outdoors > Martial Arts

Grade Level: 7 - 10

[Download to continue reading...](#)

Taekwondo (Science Behind Sports) Skateboarding: How It Works (Sports Illustrated Kids: the Science of Sports) (The Science of Sports (Sports Illustrated for Kids)) Football: How It Works (Sports Illustrated Kids: the Science of Sports) (The Science of Sports (Sports Illustrated for Kids)) Hockey: How It Works (Sports Illustrated Kids: the Science of Sports) (The Science of Sports (Sports Illustrated for Kids)) Parting the Clouds - The Science of the Martial Arts: A Fighterâ™s Guide to the Physics of Punching and Kicking for Karate, Taekwondo, Kung Fu and the Mixed Martial Arts Skateboarding: How It Works (The Science of Sports) (The Science of Sports (Sports Illustrated for Kids)) Baseball: How It Works (The Science of Sports) (The Science of Sports (Sports Illustrated for Kids)) Basketball: How It Works (The Science of Sports) (The Science of Sports (Sports Illustrated for Kids)) Soccer: How It Works (The Science of Sports) (The Science of Sports (Sports Illustrated for Kids))

(Sports Illustrated for Kids)) Football: How It Works (The Science of Sports) (The Science of Sports (Sports Illustrated for Kids)) Hockey: How It Works (The Science of Sports) (The Science of Sports (Sports Illustrated for Kids)) Taekwondo for Kids (Martial Arts for Kids) Taekwondo (Spanish Edition) Taekwondo: A Technical Manual Taekwondo Kids: From White Belt to Yellow/Green Belt Taekwondo: Winning Ways (Mastering Martial Arts) Taekwondo: Essential Tips, Drills, and Combat Techniques (Martial and Fighting Arts) The Science Behind Soccer, Volleyball, Cycling, and Other Popular Sports (Science of the Summer Olympics) Sports Science for Young People Sports Science for Young People Sports Illusion, Sports Reality: A Reporter's View of Sports, Journalism, and Society

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)